

A weekend of swing dance workshops with

Andrew Sutton

June 29 – July 1, 2007

We are proud to bring Andrew Sutton from California for a third time.

Come experience his inspirational sense of style and musicality.

Find out why he has quickly become a favorite guest instructor on the East Coast.

Friday Evening (A)

7:30pm - 9:30pm: Hidden Closed & Musicality Basics

9:30pm - 12:00am: DJ dance – Andrew will DJ

Saturday Classes

11:00am – 1:30pm: (B) Dips, Tricks, & Leg Leads (2.5 hrs)

1:30pm - 2:30pm: Lunch

2:30pm – 4:00pm: (C) Making your night out dancing amazing (1.25 hrs)

4:15pm – 5:15pm: (D) Superman (1.25 hrs)

Sunday "Just Dance" Workshop (E)

12:00pm - 6pm: (5 hrs) plus snack breaks

BONUS CLASS (this class is not included in the weekend workshop price)

6:30pm - 8pm: The Baltimore Challenge (partner required)

Saturday Night Dance
featuring

**BG & the Mojo
Hands**

Beginning Workshop 8:00 –
9:00pm

Band plays 9:00 – midnight

WORKSHOP DESCRIPTIONS

The "Hidden" Closed Position Connection (Great for all levels)

Learn about a very simple "secret" connection most advanced leads and follows use - but don't even think about. This technique will enhance your connection and open up a new world of opportunities for cool moves.

Dips, Tricks, & Leg Leads (B/I) This class will stress the actual lead and follow for some basic lifts, drops or tricks. It will also address the fundamentals of leg leading, leg following and leg motions. You'll leave with a better understanding of how to create moves displacing your partners' weight in addition to increasing the connection between you and your partner on the regular social dance floor. This is a rotating class, so you don't need a partner

Making Your Night Out Dancing Amazing (All levels, but most interesting for Int & Adv) Sometimes you go out dancing and the energy in the room is amazing! Other nights at the same venue, with the same people, and the same music, sometimes it is just NOT amazing at all. This class will teach you the things that can make your night (and many other people's nights) change from not so great to "Remember the time when we..., Wow, that was one heck of a night!"

Dancing Like Superman – The art of dancing fast (I/A) Dancing fast and making it feel comfortable should feel like Superman flying 100 miles an hour but seeing the bullet (your partner) going at a walking speed. In this class you will learn how to make it feel like you are going at a walking speed when you are really flying by.

Sunday "Just Dance" Workshop Class Subjects will include: Being Grounded and Showing it to your partner, Body Control, Finding Your Own Musicality, Follower Power, and Games for Dancing

All partner dances are a combination of moving your own body to interpret the music and then being able to pass on your interpretations to your partner. Each dancer chooses to emphasize certain parts of the music and then uses some specific techniques to pass on that interpretation to a partner which creates a style of dance or even a whole new type of dance. For instance, in Savoy Style Lindy Hop dancers tend to emphasize the bounce or pulse in the music. Taking out the bounce and emphasizing the moments of counterbalance will change the style and start to look more like Smooth Style Lindy Hop. Dancing in closed position with a slight outward balance is done more often in blues dancing, and dancing in closed position with a slight inward balance is done more often in Balboa. Regardless of which techniques you choose to use, all of these dances rely on fundamental concepts that don't change. The "Just Dance" workshop will use these fundamental concepts to show you how to have dance with all styles and levels of dancers in any dance – from Savoy to Hollywood, Funk to Tango, Blues to Balboa, these are some of the concepts you need to know to become great in any dance as quickly as possible.

Baltimore Challenge (Partner Required, Advanced, but all levels are welcome to participate) These classes are partner required and will go at the pace of the top 2-3 couples in the class. A challenging repertoire class – any couple is allowed to take this class, but be forewarned that it is possible that you will not finish the class having learned all the moves.

Please make checks payable to GBSDC.
Mail all correspondence to:
 GBSDC
 6303 Monika Pl #1311
 Baltimore, MD 21207

Refund policy
 100% refund if cancelled on or before June 28th.
 No refund after June 28th.

Directions to The Avalon

From Baltimore:

From I-695 take Exit 13 Frederick Road west towards Catonsville. Follow to the 3rd traffic light. Turn left onto Mellor Avenue. Turn left into 2nd parking lot.

From D.C.: Take I-95 north to I-695 west and follow the directions above.

Please cut and save the front of this flyer. Circle your selections for later reference.

Circle class choice as marked on schedule (A B C D E)	Prepay	At the door	
Full Weekend	\$110	\$125	Advanced registration encouraged for all events. Registration is on first come first serve basis. We will attempt to maintain lead/follow balance. Name: _____ E-mail: _____ Phone: Day: (_____) _____ Evening: (_____) _____ Leader _____ Follower _____ Partner (Baltimore Challenge) _____
10 hrs. of class A B C D E	\$100	\$115	
5 hrs. of class A B C D E	\$60	\$70	
2.5 hrs. of class (or Friday Evening) A B C D	\$35	\$40	
1.25 hrs. of class C D	\$20	\$20	
Baltimore Challenge	\$20	\$20	
Saturday Dance	\$12	\$12	
Friday DJ Dance (included w/ Fri. eve)	\$6	\$6	
Total enclosed =	\$		

Waiver (must be signed by all workshop participants)

Personal videotaping by me or my assigns is prohibited without the consent of the event organizers. I agree to forego, and expressly waive, any damage right I or my heirs may have against the Greater Baltimore Swing Dance Committee or its agents for any and all injuries and damages I may suffer by participating in the workshops or traveling to or from its location. I have read the above waiver and agree to comply with its contents.

Signature _____

Date _____

Visit www.baltimoreswing.org for additional information.